



LEARN TO SKATE

Off Ice Strength & Conditioning Class Schedule

Classes Begin March 18th

Mondays

4:10pm LTS ages 5-6
4:45pm LTS ages 7-11
6:45pm Adults (Open, ages 16+)

Tuesdays

5:35pm LTS ages 7-11
6:10pm LTS ages 5-6
6:45pm LTS ages 12+
7:20pm LTS ages 12+
8:00pm Adults (Open, ages 16+)

Wednesdays

4:10pm LTS ages 5-6
4:45pm LTS ages 7-11
6:45pm Adults (Open, ages 16+)

Thursdays

5:35pm LTS ages 5-6
6:10pm LTS ages 7-11
6:45pm LTS ages 12+
7:20pm LTS ages 12+
8:00pm Adults (Open, ages 16+)

Saturdays

12:15pm LTS ages 5-6, LTS ages 7-9
12:50pm LTS ages 7-9, LTS ages 10+
1:25pm LTS ages 5-6, LTS ages 7-9

All classes are 30 min. Cost for 7 week session is \$131.25.
Off Ice Classes are available to all. Please select your class according to your age. Classes are geared towards skaters in Basic, Snowplow, Hockey, & Adult Learn to Skate Programs.

Register online at www.greatparkice.com
Questions? Contact Skating Manager, Michelle Lauerman at: mlauerman@therinks.com